



ACTIVE COMPLEX OF HONEYS AND ALOE VERA AND MALLOW POLYSACCHARIDES





MEDICAL DEVICE Class IIb

Melilax is an **innovative**, **honey-based micro-enema** combining a balanced evacuating action with a protective, soothing action on the rectal mucosa to relieve the discomfort, irritation, and inflammation caused by constipation.

The double action of Melilax is obtained thanks to **PROMELAXIN**, an active complex of nectar and honeydew honeys carefully selected and processed based on their monosaccharide, polysaccharide and melanoidin content and enriched with the **polysaccharide fraction** of Aloe Vera and Mallow.

HOW IT WORKS

The non-irritating evacuating action of **Melilax** generates a balanced, physiological stimulation to produce defecation.

Furthermore, thanks to its viscosity and mucus-like properties, **Melilax** also protects the rectal mucosa during defecation, imitating the lubricating action of the physiological mucus.

These particular properties combined with its antioxidant action enable the product to protect and soothe the mucosa, through an indirect anti-inflammatory action derived from the physical characteristics of the product.

INDICATIONS

Melilax is indicated in the treatment of constipation, even when accompanied by visceral hypersensitivity (e.g. irritable bowel), fissures or haemorrhoids.

The product is also suitable for use during pregnancy and breastfeeding and in infants.

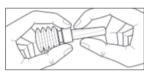
COMPOSITION

Functional substances 73.2%

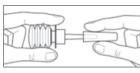
Promelaxin active complex of honeys and Aloe Vera and Mallow polysaccharides *Titrated in: monosaccharides* \geq 50%, polysaccharides (molecular weight > 20,000 Daltons) \geq 0.3% Also contains: hydroglycerin mixture, lemon juice, essential oil of lavender.

INSTRUCTIONS FOR USE

1) Open the micro-enema by removing the cannula safety cover:



- Hold the white ring above the squeeze bottle
- Using your other hand, bend the cannula cover until it breaks free from the ring



- Remove the cannula cover
- 2) Apply several drops of the product in the perianal area and gently insert the cannula into the rectum.
- 3) Fully depress the micro-enema; after application, keep it depressed until the cannula is completely removed to avoid drawing the product back.



MELILAX ADULT



Package of 6 x 10 g disposable micro-enemas with cannula cover for adults and adolescents

Indicated for adults and adolescents aged 12 years and over. Also suitable for use during pregnancy and breastfeeding.

DOSAGE

1 x 10 g micro-enema as needed. In cases of obstinate constipation, apply 2 consecutive doses.

MELILAX **PEDIATRIC**



Package of 6 x 5 g disposable micro-enemas with cannula cover for children and infants

Indicated for children and infants.

To facilitate micro-enema application, position the child on his left side with his knees tucked into the stomach.



DOSAGE

Children aged 3-12:

1 x 5 g micro-enema as needed. In cases of obstinate constipation, apply 2 consecutive doses. Children aged 1-3:

1 x 5 g micro-enema as needed. Infants aged 0-1:

Half of one 5 g micro-enema as needed.

WARNINGS

Do not use in case of individual hypersensitivity or allergy to one or more components.

If constipation persists, see a doctor in order to exclude other medical conditions. The micro-enema is disposable and should not be reused, even when half-doses are administered; for example, in infant use. Store at room temperature, away from heat sources and light. Keep out of the reach of children.

The "use by" date refers to the intact product, stored correctly.

USE BY DATE

See the "use by" date indicated on the package. Do not use after the "use by" date indicated.

PACK FOR SALE

Melilax Adult: 6 x 10 g disposable micro-enemas with cannula cover for adults and adolescents Melilax Pediatric: 6 x 5 g disposable micro-enemas with cannula cover for children and infants

CONSTIPATION

The term "constipation" is essentially used to indicate an increase in the time in which stools remain in the latter part of the intestine. The condition is caused by a build-up of hard, dry faecal matter due to an over-reabsorption of liquids: the stools, which are small in volume, are expelled **infrequently** (sometimes with less than 3 evacuations per week) and with difficulty and/or pain (due to the hardness of the faeces). In some cases constipation can occur with a feeling of incomplete evacuation despite a normal frequency of defecation, or with a need to apply significant force to evacuate.

CAUSES

The main causes of constipation in any age group include unhealthy lifestyle habits (non-balanced diet, insufficient water, fruit and vegetable intake, little physical activity and a sedentary lifestyle), changes in personal habits or climate conditions (e.g. when travelling), use of certain medicinal products, gastrointestinal or metabolic diseases (such as irritable bowel syndrome) or particular conditions such as stress, immobility or being bed ridden (especially in the elderly).

Haemorrhoids, fissures or prolapses can cause or be caused by constipation. Difficulty evacuating and localised irritation in fact trigger a vicious cycle which prevents both relief from constipation and any improvement of associated problems. A frequent cause of constipation is voluntary control of the desire to evacuate, a common problem in children, particularly during the first 2-3 years of life. In children, constipation can also occur during prolonged bouts of fever which can cause mild conditions of dehydration.

USEFUL ADVICE

In many cases, constipation can be corrected with a high water intake and high-fibre diet: fibre in fact binds with water to varying degrees and help increase faecal volume. Regular physical exercise is also beneficial.



www.melilax.com







Last revision date: 02/2016

